

12th
SSSR
STEAMBOAT SPRINGS STAGE RACE

September 5th & 6th, 2020

Presented by



-Racer Technical Guide -

General Information

Racing License: All racers must be licensed with USAC and Colorado participants must be licensed members of Bicycle Racing Association of Colorado. One-day USAC licenses (\$10/day) available only for Category 5 men and Category 5 women. BRAC 1-day memberships (\$5/day) and USAC one day licenses available online at our bikereg page- <https://www.bikereg.com/12th-steamboat-springs-stage-race>.

Race number pickup Saturday Sept 5th: Riders will need to drive or ride to Ride Workshop (2730 Downhill PLZ, unit 108.) during their scheduled number pickup time slot. For covid safety please have a mask on and stay in your car/on your bike while staff retrieves your numbers. Additionally all license, waiver, and category issues should be resolved in advance of race day.

8:30am - 9:30am: MM 40+ 3-4, SM 4/5

9:00am - 9:30am: MM 50+4, SW 4, MW 50+/60+, JW 15-18, SW 3

9:30am - 10:00am: JM 15-18, MM 50+/60+

10:00am - 10:45am: SM P-1-2, SM 3

10:45am - 11:30am: MM50+ 1-2-3, 40+ 1-2-3, SW P-1-2-3

Race Communications/protests: Daily Stage results, G.C., & Communiqués will be posted online only at bikesteamboat.com and emailed to participants at the earliest possible time each day. Due to covid-19 mitigation there will be no physical posting of results. Protests: A. TT placings must occur before the start of stage 2, B. protests of any incidents during the event must occur no later than 1 hour after the finish, C. protest of final general placing up to 15 minutes after email/online results posting.

*Protests during the race should be sent to officials directly at Lynn.Taylor2010@hotmail.com, Subject line: SSSR results.

Parking: There is no designated parking area for the event and racers are encouraged to use the public parking areas around town or ride to the start from your lodging. Please do not park anywhere near 13th st either day.

Stage Rules:

- Stage 1** – Any rider who suffers a mishap during the Stage 1 time trial will receive the time of the slowest rider in their category +10 seconds and be permitted to start the next stage. You must report your mishap to race officials. Failure to start Stage 1 is a DNF and you are not permitted to start Stage 2.
- Stage 2** – All riders must complete the entire course in order to be listed in G.C. results.
- General Classification will be done by accumulated time with time bonuses available for the top 3 finishers in Stage 2.

Rider Conduct: SSSR is governed by the rules found in the USA Cycling rulebook, including all specific “stage race” rules and all riders must comply with our covid-19 safety guidelines listed at the end of this document. Specifically please remember:

- ❑ A centerline rule is in effect, violation of the yellow line rule to advance position or repeated drifting may result in fines, time penalties or disqualification. *For sections of course where no yellow line is present, riders must stay as far right as practical and use good discretion for their own safety.
- ❑ At all times and in all races, please do not impede resident motor vehicle traffic unnecessarily. Stay as far right as practical and safe if you are dropped from your group as well as during the time trial.

USAC Junior gearing: Restrictions apply regardless of race category and roll out will be performed before each stage at the start. Per USAC Rule 114, the maximum chain gear ratio allowed is 7.93 meters (rollout 26’). Rollout check will occur at the start area, please follow USAC official’s instructions.

Neutral Support: Absolutely no team or individual vehicles are allowed to follow racers or give support in any stage outside of the designated Road Race feed zones. Noncompliance will result in fine and disqualification.

Number Placement: Please locate your number on the correct side(s) as illustrated in the photo. Do not trim, fold or crumple your bib numbers! Doing so makes it much more difficult for the judges to give you the correct placing in the race. Riders with long hair please make sure your number is visible.



Number placement is as follows:

- ❑ **Stage 1 Time Trial:** 1 number, right side
- ❑ **Stage 2 Road Race:** 2 numbers, one on each side

Awards:

While there will not be any awards ceremony, top 3 finishers for the TT stage and RR are encouraged to be present at Ride Workshop with masks for a DIY podium awards at the following scheduled times. Prizes will be available during these times as well and no prizes will be mailed after the event.

Category start order	Saturday	Sunday
MM 40+ 3-4, SM 4 / SM 5	2:30 PM	12:30 PM
MM 50+ 4, SW 4	2:35 PM	12:35 PM
MW 50+ / MW60+, JW U19,	2:40 PM	12:40 PM
MM 60+ / MM70+	2:45 PM	12:45 PM
SM P-1-2-3, SM 3, Junior Men	4:00 PM	3:30 PM
MM 50+ 1-2-3, SW P-1-2, MM 40+ 1-2-3, SW 3	4:10 PM	3:35 PM

*Pro 1-2-3 Men/Women prize money 5 deep: \$200, \$175, \$65, \$40, \$20.

Saturday September 5th: Stage 1 Individual Time Trial

Directions to start line: The start line area is located at the end of 13th st, approximately 1 mile/<5min from Lincoln ave and the library, and riders must arrive at the start area between 5 and 6 minutes before their posted start time. We cannot have more than 6 riders in the start area and will turn away anyone arriving earlier than 6 minutes before their start.

Start line staging: Locations to stand while waiting for your start will be marked on the ground to maintain physical distancing. Riders will not have a bike hold and instead will start with one foot on the ground.

Category start order (field size)
MM 40+ 3-4 (17)
SM 4 / SM 5 (25)
MM 50+ 4 (8)
SW 4 / MW 50+ / MW60+ /JW U19 SW 3 / MW 40+ (17)
Junior Men (16)
MM 60+ / MM70+ (11)
SM P-1-2 (25)
SM 3 (16)
MM 50+ 1-2-3 (14)
MM 40+ 1-2-3 (9)
SW P-1-2 (17)

Racer Tech Support: No wheel vehicles and limited sag can be provided this year so it is essential all riders carry a spare tube, tire lever, and inflation device. Anyone requiring a shuttle ride back to town should plan on a long wait or utilize local taxi services due to our Covid-19 restrictions on transporting passengers.

Stage 1 Rules: Do not enter onto the course in car or bike after 10:30 am on race day. Per USA Cycling rules, drafting other riders or vehicles will result in time penalties or disqualification. Riders being overtaken must move to the right and not impede the passing rider. No parking or drop offs at the start area.

** The entire course is open to traffic, please stay as far right as practical and be alert to any motor vehicles you encounter. Do not unnecessarily ride in the center of the road!**

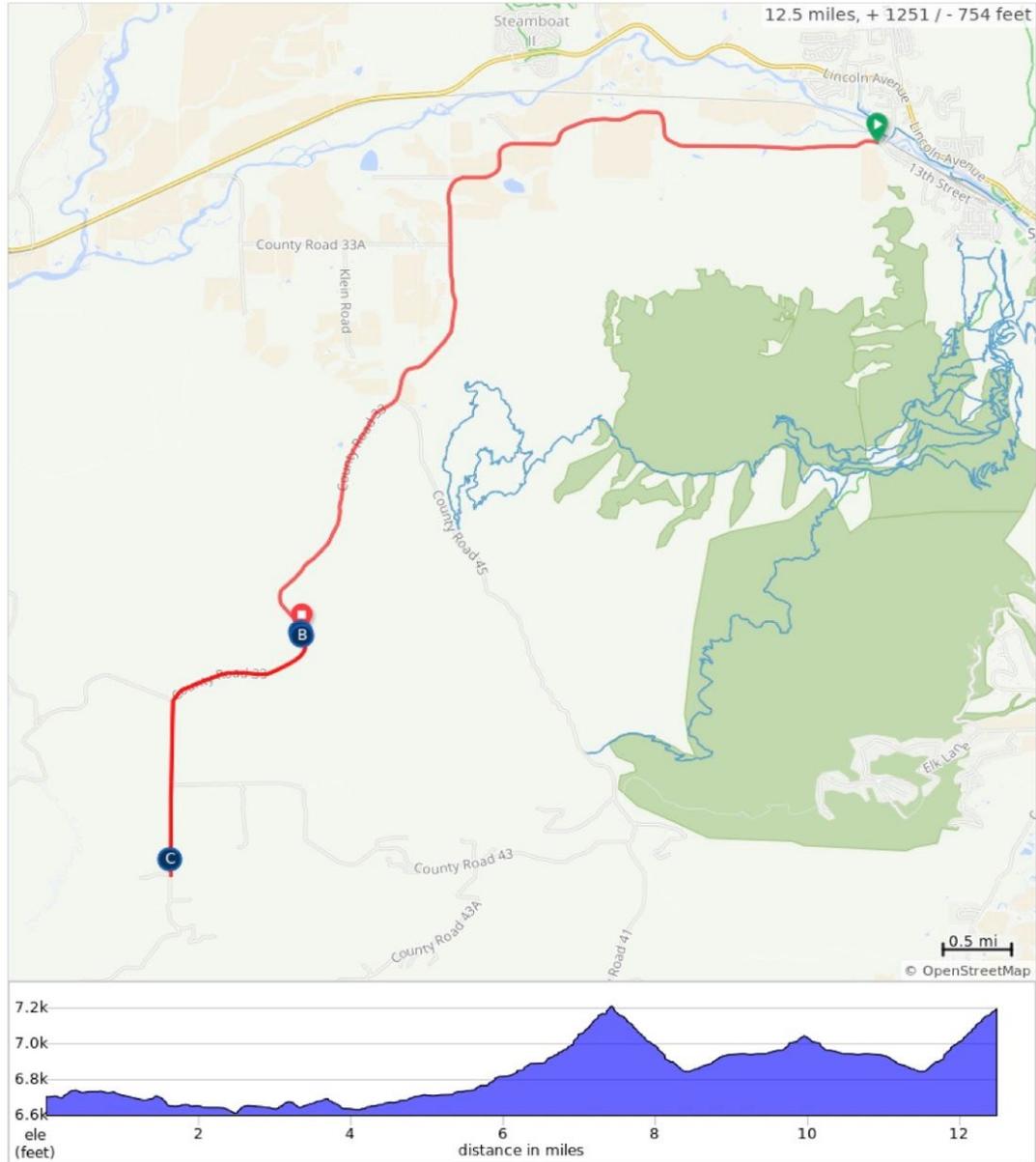
Medical Support: Medical tent with staff will be located at the finish area on 20 mile road.

TT interactive map

SSSR Stage 1 TT



- A. Finish line
- B. Finish line medical
- C. Turn around point



Sunday September 6th: Stage 2 Road Race

Directions to Start Line: All riders should proceed to Critter ct start/finish area for staging in a physically distanced cyclocross style start grid. Absolutely no vehicles are allowed to park on 13th st and any support staff will be turned away, this includes the surrounding private parking lots. Please ride directly to the start from your lodging or the Howelsen hill/downtown area, where you will be directed by volunteer staff to the start grid.

****It is critical that each rider follows staff instructions for start line staging placement while wearing a mask at all times up until the race starts.****

Finish Time Bonuses: 1st place - 10 sec, 2nd place – 6 sec, 3rd place – 4 sec. Upon finishing all riders should follow volunteer staff instructions to clear the area immediately. Do not stop to catch your breath or savor the moment, but instead leave finish area as quickly as possible.

Centerline Rule & riding outside of main group:

- There is strict enforcement by our moto officials of yellow line rules and violators will be relegated, fined, or disqualified.
- If you are dropped from your main group and fall behind the support vehicles, please stay to the right and give vehicles room to pass. This is a basic courtesy that helps maintain support of the event with local residents.

Racer Support: No wheel vehicles and limited sag can be provided this year so it is essential all riders carry a spare tube, tire lever, and inflation device. Anyone requiring a shuttle ride back to town should plan on a long wait or utilize local taxi services due to Covid-19 restrictions on transporting passengers.

Feed/Discard Zone:

- 41 mile course will have water at mile 19.6, however no volunteer staff will be available to assist with feed zones which will require stopping. No rider support staff feeding is allowed for the 41 mile categories and carrying a 3rd bottle is suggested.
- 68 mile course will have water at mile 29.5 with a marked feed zone area for any support staff. No volunteer/neutral staff will be present for this aid station.

Any support persons in the 68 mile feed zone must maintain physical distancing of 6 feet and wear a mask at all times

Hazards:

- The road course has one active railroad crossing that you will cross twice from both directions. Do not cross the tracks when a train is approaching!
- There are two high speed descents located at miles 10 and 12, please use caution and DO NOT cross the yellow line on any descent as there may be vehicles coming up the climb.
- All courses will traverse a dirt sector which does not have a yellow line. This road is open to traffic and riders must use good judgment by staying as far right as practical.

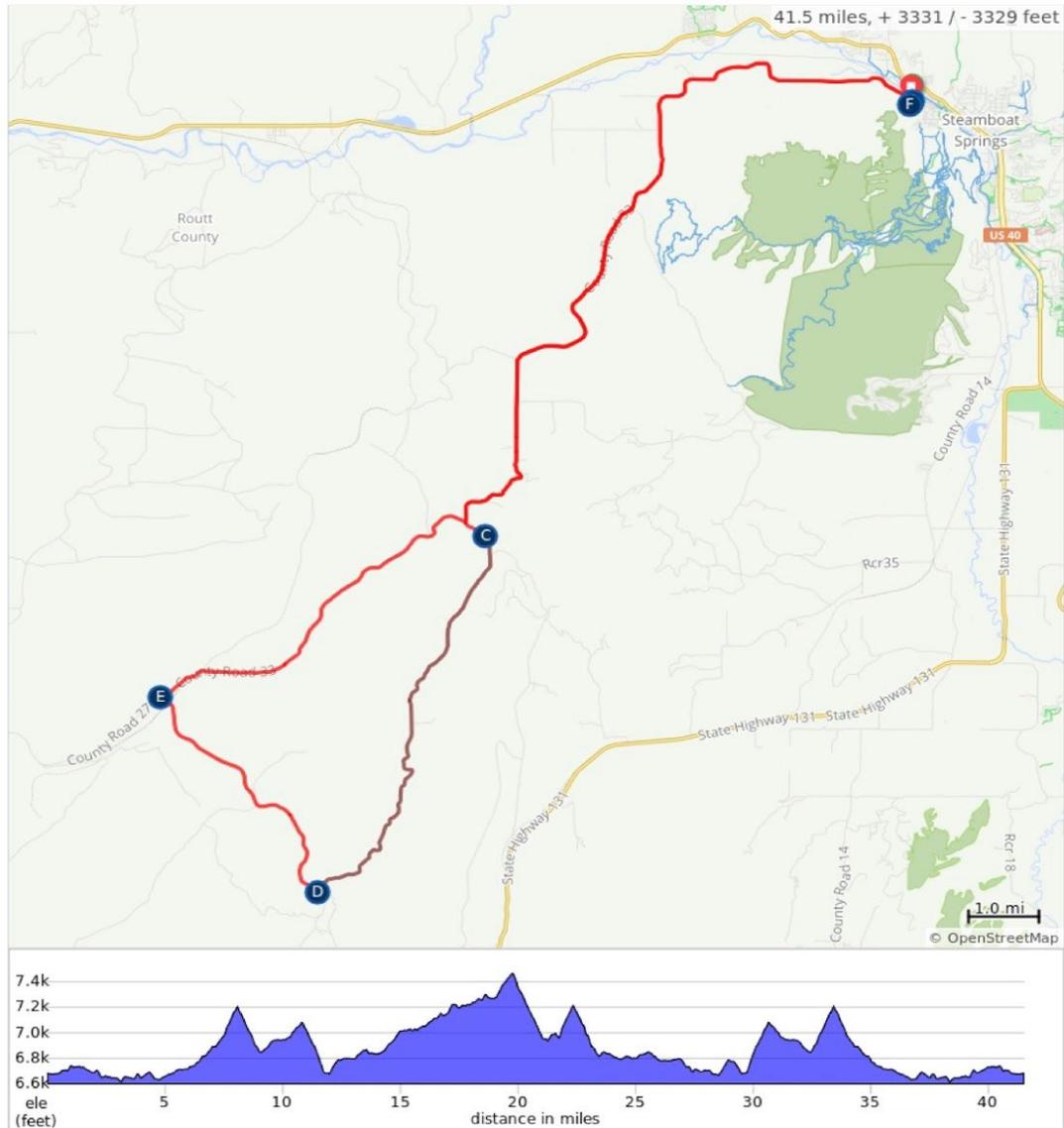
Medical Support: Areas of the road course are very remote and a long distance from Steamboat Springs hospital. An Ambulance will be located on course at the T intersection of CR-33 and CR-27 (19 miles from the start) in addition to a medical tent at the finish area.

[41 mile course interactive map](#)

2020 Stage Race RR - 41 mile



A.	Finish line medical tent	D.	Water Station
B.	Race start staging	E.	Ambulance standby
C.	Start of dirt sector	F.	Finish line



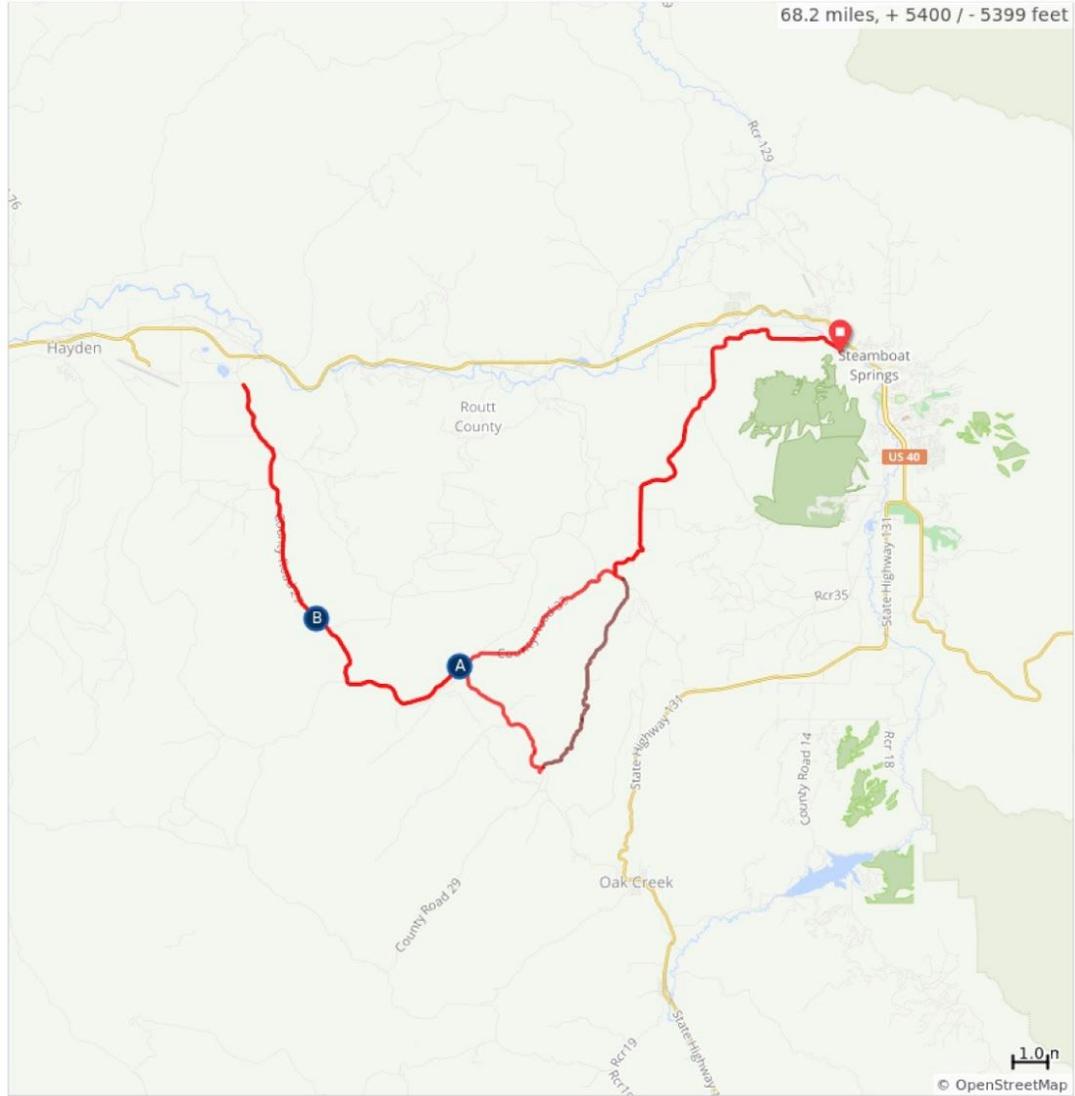
68 mile course interactive map

2020 SSSR RR - 68 miles



A. Ambulance Standby

B. Water Station

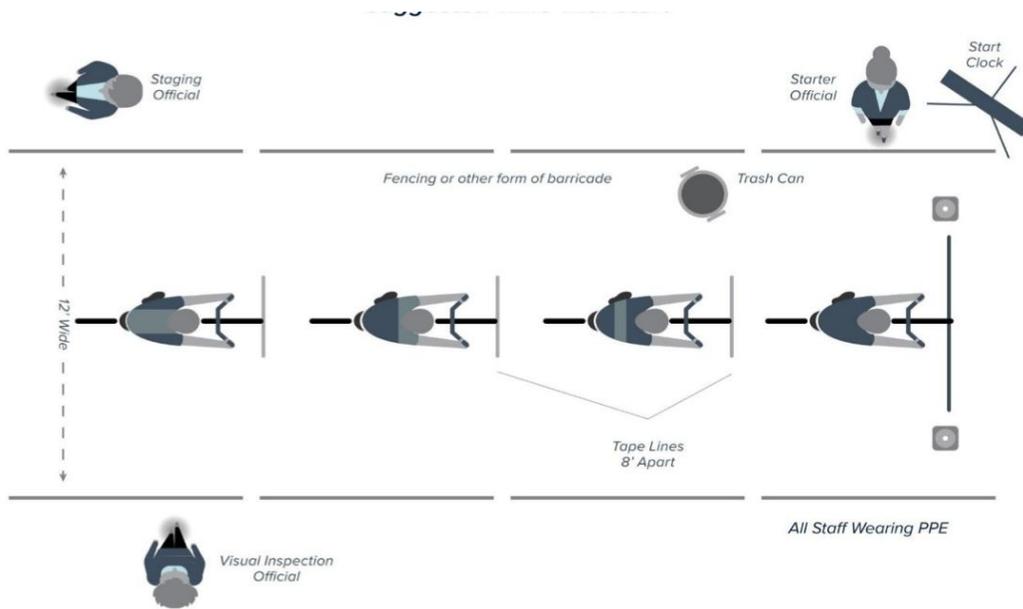


Covid-19 Mitigation & Policies

By signing up for our event you have agreed to abide by and support the following rules and regulations intended to protect our staff, volunteers, fellow racers, and local community. Violations of these rules will put our event in jeopardy and result in immediate disqualification, no warnings, no refunds, no second chances.

1. Face coverings are required at all times except while actively racing - which includes being at the start/finish. You will roll to the start line with your mask on and remove it only after you have started rolling in the race. Do not discard/litter your mask - A mask is required for any support or transport on course and must be worn after finishing. Do not approach a volunteer, other racers, race staff, or USAC officials without a mask.
2. Social/physical distancing required at all times outside of active racing. The start areas for TT and RR will have designated spots marked to position your front wheel while waiting to start along with volunteer staff giving instructions.
3. You agree you are healthy enough to attend and will stay home if you have any indication of illness or known possible exposure to Covid-19.
4. There will be zero tolerance with any congregating at the Start/Finish with risk of disqualification for disregarding this rule. Show up to your start position, race, then leave the finish area immediately.
5. You understand that there is no guarantee that you will not become infected with COVID-19, despite the event's best efforts to abide by State and Federal guidelines surrounding COVID-19
6. Any participant who refuses to follow our covid-19 guidelines and staff instructions will be asked to leave the event and disqualified.

Time Trial start arrangement:



Road Race start arrangement:

